

TRUMPSKINTHERAPY

Trumps is most known for our relaxing and tailored facials. Using the ultimate in skin care, our experienced therapists will tailor your facial to suit the needs of your skin delivering serious results without the need of abrasive chemical treatments or technical machinery. Your face will be glowing and looking immaculate, you will feel ultra pampered.

TRUMPS SPA SIGNATURE FACIAL 90MINS

A decadent facial beginning with a relaxing back massage followed by an aromatic foot compress. Your skin is then taken to paradise with a unique facial using a tailored skin care solution based on your specific needs. Enjoy a double cleanse, exfoliant, double masks, an eyebrow wax and eyelash tint or eyebrow tint, face décolletage and scalp massage, then finish with serums, eye cream and moisturisers.

REVITALISING FACIAL 60MINS

Rejuvenate and revitalise your skin with this indulgent facial. Your treatment begins with an aromatic foot compress. Now for your customised skin solution, enjoy a double cleanse, exfoliant, double mask, face and décolletage, arm and scalp massage, then finish with serums, eye cream and moisturisers.

EXPRESS FACIAL 30MINS

A pick me up facial perfect for guests on the go. Enjoy a double cleanse, exfoliant, mask, serums, eye cream and moisturisers.

BEAUTIFYING EYE FACIAL 20MINS

A treat which will diminish fine lines, firm, hydrate and instantly brighten your eye area.

SMOOTH YOUR SKIN FACIAL PEELS 45MINS

Gently resurface your skin with either of the following facial peels:

- Luzern Pumpkin Enzyme Exfoliator (Mild)
- Luzern AHA Chardonnay Grape Peel (Medium)
- Payot Techni Liss AHA Peel (Strong)

PAYOT MENS OPTIMALE FACIAL 45MINS

Using Payot's Optimale range, this facial is specifically designed for men. Your skin will be left feeling clean, fresh and revived.

SODASHI MANKIND FACIAL 60MINS

Designed to treat specific skin concerns, it begins with a relaxing Sodashi Himalayan salt therapy back massage followed by a deep cleansing and exfoliating facial that balances skin and assists in preventing ingrowns. Soothing mists with woody aromas de-sensitise skin, a relaxing facial massage leaves the face looking toned, fresh and revitalised.

PAYOT SIGNATURE FACIALS

This French world renowned skin care combines luxury with biotechnology to deliver a unique experience with clinically proven results. All treatments are formulated and developed with sensorial characteristics that truly provides therapeutic benefits. This range is exclusive to Double Bay and available at Trumps Spa.

SUPREME JUENESSE: ULTIMATE ANTI-AGING 90MINS

A powerful anti-aging facial that visibly reduces the appearance of fine lines and wrinkles reveals a firmer, smoother, more toned and youthful complexion.

COLLAGEN: PLUMP & BOOST COLLAGEN 75MINS

A beautifying and hydrating facial containing pure collagen enabling true plumping of the skin. Perfect for brides and special occasions.

ULTRALIFT: ANTI-AGEING & INSTANT LIFTING 75MINS

An anti-ageing care to treat lack of firmness and elasticity. Paired with a unique modelling massage, the combination of an innovative biomatrix formulated on a base of purified seaweed and a firming and regenerating serum will sculpt the facial contour and instantly smooth, firm and plump the skin.

CICAEXPERT: POST SURGERY OR SKIN TRAUMA 75MINS

This recovery facial is recommended for treating alterations to the skin's surface following external aggressions or aesthetic skin treatments.

HYDRA EXPÉRIENCE: INTENSE HYDRATION 60MINS

A 'fresh-hydrating' mousse mask with cornflower petals is applied to the entire face, neck and décolleté to stimulate all the senses and thoroughly restore the skin's hydration. A unique moment for a complexion that radiates the skin.

PERFECT EXPÉRIENCE: INTENSE RADIANCE 90MINS

An anti-ageing delight allies Masque Gold with gold pigments and hibiscus extracts to illuminate the complexion. A specific acupuncture modelling massage on the face, the arches of the feet and scalp, as well as hand treatment. This facial simultaneously treats wrinkles, skin slackening and loss of radiance.

PURE WHITE: BRIGHTNESS & LIGHTNESS 75MINS

An exclusive experience to instantly brighten the skin. Using rice extract, an exquisite gift from nature. A gentle exfoliation and mask paired with the specific facial massage leaves the skin glowing and flawless.

PRE-PARTY FACIAL 45MINS

Illuminate your skin with an instant glow thanks to PAYOT's unique radiance mask with superfruits power. Perfect to have on the day of a special occasion or when your skin is feeling dull and sluggish.

Sodashi SIGNATURE FACIALS

Wholeness. Purity. Radiance. This is the beautiful meaning of Sodashi. An Australian company using chemical free ingredients, the ethically sourced essential oils and plant extracts effectively heal and nurture the skin. Your mind, body and spirit will be transported to another level with this unique skin care. Exclusive to Double Bay and available at Trumps Spa.

SAMADARA: ULTIMATE AGE-DEFYING 105MINS

This anti-ageing facial uses a sequence of timeless, anti-aging techniques rooted in Ayurvedic healing traditions that are designed to reawaken the skin's natural healing energies. This intensely hydrating and nourishing treatment increase firmness and elasticity, diminishes the appearance of fine lines and restore a youthful glow. A rose quartz facial massage enables the powerful Samadara Ultimate Age defying crème to penetrate deeply into the skin.

CRYSTAL OPULENCE: HEALING & BALANCING 80MINS

You are taken on a deeply relaxing journey as you enjoy Sodashi's aromatic warm facial compresses that soften and exfoliate the skin, preparing you for a truly unique facial experience. Combining the healing energy of Carnelian, Rose Quartz and Green Aventurine crystals with a nutrient rich plant essence synergy designed to bring new life and radiance to the complexion. The results are impressive and help to bring balance to the physical, emotional, mental and spiritual self.

THERMAL INFUSING: NATURES FACE LIFT 90MINS

An intensive boost of nature's most potent vitamins and minerals. Sodashi's exclusive thermal infusing mask maximizes penetration of essential ingredients into the deeper layers of the skin and is tailored to individual needs. Restoring forgotten elasticity and radiance - it's nature's face lift.

MARINE MINERAL: OXYGENATES & TONES 60MINS

This facial uses the intelligence of marine plants to restore radiance and glow to the complexion. Tailored for every skin type, it's the perfect treatment to oxygenate, tone and revitalise skin.

PURE RADIANCE: REVITALISING & RADIANT 60MINS

This facial begins with aromatic warm facial compresses that soften and exfoliate, followed by a nurturing face mask rich in herbal extracts, to purify and hydrate the skin.

PURITY: DECONGESTING & REBALANCING 60MINS

The plant essence synergy with deep cleansing properties of Argiletz Clay, rich in minerals to deeply cleanse congested and imbalanced skin types. Completed by a pressure point massage leaving pores refined and skin balanced.

CALMING: SOOTHES & STRENGTHENS 60MINS

Cooling mists and soothing aromatic gels nurture the skin, plant essences and herbal extracts strengthen capillaries and de-sensitise. Skin is revived and even.

BODYMASSAGES

TRUMPSSPA SIGNATURE MASSAGE 60MINS OR 90MINS

Performed by two therapists, this treatment will transport you to another level. Using unique techniques inspired by the traditional Hawaiian Lomi Lomi. Experience the feeling of pure bliss.

SODASHI CRYSTALUS BODY MASSAGE 90MINS

A sensory experience designed to influence the mind, body and spirit. Using ancient Australian healing stones and crystals. Through the power of massage and intention, the vibrations of the Australian plant essences and crystals resonate deeply with our beings, bringing total relaxation and rejuvenation.

SODASHI CHAKRA BALANCING TREATMENT 90MINS

Deeply meditative, this experience brings the body's seven main Chakras into alignment through a fluid combination of massage, specific essential oil blends and healing crystals. Working subtly on the energetic body with profound effects, this truly unique experience leaves you feeling calm and in a state of harmony, resulting in an increase of overall wellbeing.

AROMATHERAPY MASSAGE 30MINS, 60MINS OR 90MINS

This treatment is the perfect relaxation massage to exhilarate your mind, body and soul. Aromatherapy oils are selected and tailored to your desired mood.

ANTI-CELLULITE MASSAGE 60MINS OR 90MINS

Targeted to treat and reduce the appearance of cellulite.

DEEP TISSUE MASSAGE 60MINS, 75MINS OR 90MINS

This deeper pressure is beneficial in releasing chronic muscle tension or after intense workouts. Pair this massage with a session the steam room or sauna to achieve maximum results.

HOT STONE MASSAGE 60MINS OR 90MINS

A luxurious remedy for tight muscles and knots. Strong, deeply relaxing massage strokes are applied with warm oil. Hot basalt lava stones applied to specific points enable a deeper massage to leave your muscles feeling loose and relaxed.

SIDE BY SIDE COUPLES MASSAGE 75MINS OR 105MINS

Unwind in the Sauna or Steam Room before enjoying a full body massage side by side in our luxurious couples room.

HEAVY LEGS REVIVAL MASSAGE 30MINS

Tired and heavy feeling legs are reinvigorated and relaxed. Perfect before/after a long journey or an intense workout session.

INDIAN SCALP MASSAGE 30MINS

This relaxing massage technique focuses on energy centres of the head, neck, scalp and face by using key acupressure points. This will relieve tension and stress.

PRE-NATAL BODY MASSAGE 30MINS OR 60MINS

Tailored specifically to the needs of a pregnant woman (after the first trimester).

PAYOTBODY

PAYOT EXFOLIATION GOURMANDE 30MINS

A delicious flavour of pistachio and almond body scrub. Eliminate dead cells and impurities. Finishing with Payot's Hydration 24 Corps or Nutricia Intense, the skin feels regenerated, velvety soft and smooth.

PAYOT GOMMAGE ELIXIR 30MINS

A luxurious mix of Caviar, Myrrh and Amyris extracts. The skin is revitalised, circulation is stimulated and tension is relieved. This treatment will hydrate and nourish dry and damaged skin.

PERFORMANCE MINCEUR 60MINS OR 90MINS

Slimming body treatment. The figure seems slimmer, tighter and smoother. Consisting of a massage and body wrap (60mins) or exfoliation, massage and body wrap (90mins).

PERFORMANCE FERMETE 60MINS OR 90MINS

Firming body treatment. The figure looks firmer and toned. Skin feels hydrated and plumped up. Consisting of a massage and body wrap (60mins) or exfoliation, massage and body wrap (90mins)

PERFORMANCE HYDRATION 60MINS OR 90MINS

Relaxing and moisturising body treatment. The skin is deeply hydrated, soft and velvety smooth. Consisting of a massage and body wrap (60mins) or exfoliation, massage and body wrap (90mins).

SODASHIBODY

ORGANIC GREEN TEA SALT THERAPY EXFOLIATION 60MINS

Combining Sodashi's organic green tea and Himalayan salt deeply cleanses and exfoliates the skin. Soothing and relaxing blend of antioxidants, vitamins C & E helps to repair and hydrate. Finished with a richly scented Sodashi moisturiser leaves skin vibrant and replenished.

JOJOBA BEAD BODY POLISH 45MINS

This treatment removes dead skin cells and oxygenates the skin. The skin is then nourished and hydrated with the application of an aromatic Sodashi body moisturiser leaving the entire body silky smooth and refreshed.

DETOXING MARINE BODY WRAP 80MINS

Combining the richness of sea plants, algae, marine minerals and plants essences, this treatment is deeply detoxifying. Following the organic green tea exfoliation, a warm Sodashi mineral mask is then applied and the body is cocooned in a comforting wrap. A soothing scalp massage is performed for complete relaxation. Finishes with a luscious lotion.

REFINING BODY TONER 60MINS

Beginning with a full body exfoliation with Jojoba bead body polish, followed by a refining body mask is applied. Rich in French Pink Clay and herbal extracts, this wrap firms, tones and conditions the skin. A soothing scalp massage is performed for complete relaxation. This therapy is extremely beneficial in the treatment of scar tissue and stretch marks.

AQUASERVICES

HAMMAM RITUAL 105MINS

Enjoy the healing powers of combining hot steam, therapeutic salts, oils and one hour massage. This treatment detoxifies, stimulates circulation removes rough dry skin and offers multiple wellness benefits. Escape reality and experience our modern Hammam Ritual. *Couples Hammam, Rituals also available.*

HAMMAM EXFOLIATION 50MINS

Inspired by the traditional Moroccan Hammam, uncover radiant, more youthful-looking skin with this vigorous exfoliation, combined with hot steam and a scalp treatment.

STEAM ROOM 20MINS

Escape reality in this oasis. Benefits include, detoxification, improved circulation, increases metabolism aiding in weight loss, relieves tension. The steam room is perfectly paired with our body treatments, massage or after an intense workout.

SAUNA ROOM 20MINS

The heat from a sauna soothes your nerve endings, warms and relaxes muscles. Benefits include: relieves arthritis, joint pain and headaches. The dry heat calms the body relieving it of stress.

HYDROTHERAPY SPA 20MINS - 40MINS

Experience the healing power of water in the hydrotherapy tub, incorporating powerful underwater massage jets and colour therapy it will not only help to relieve aches and pains but also assist the body in eliminating wastes, stimulating the metabolism and immune system.

SPA JET VICHYSHOWER 20MINS - 40MINS

Combined with steam, light therapy and massage, this is a Vichy shower like no other. It's multiple programs will allow the treatment be tailored to your needs. You will feel relaxed and rejuvenated.

SHOWERS 20MINS

Cool off and freshen up for your next destination.

SPAPACKAGES

ULTIMATE PAMPERING EXPERIENCE 7HRS

Hydrotherapy Spa, Full Body Exfoliation, Steam Room, Full Body Massage, Full Body Wrap, Trumps Spa Signature Facial, Manicure, Pedicure, Shampoo with Blowdry or Style for men. Includes a light lunch.

DIAMOND PACKAGE 4HRS

Hydrotherapy Spa, Full Body Massage, Revitalising Facial, choice between Manicure or Pedicure, Shampoo with Blowdry or Style for men. Includes a light lunch.

EMERALD PACKAGE 3HRS

Full Body Exfoliation with Spa Jet Vichy Shower, Full Body Massage, Revitalising Facial and a Shampoo with Blowdry or Style for men.

RUBY PACKAGE 2.5HRS

Revitalising Facial, Manicure, Pedicure and Shampoo with Blowdry or Style for men.

PEARL PACKAGE 1.5HRS

Indian Scalp Massage, Relaxing Back Massage and a Beautifying Eye Facial.

BRIDES PACKAGE 3.5HRS

Recommended for the day before your wedding day. Full Body Exfoliation, Trumps Spa Signature Facial with Collagen Mask to plump and brighten the skin, Manicure and Pedicure.

AQUA SPA PACKAGE FROM 2HRS

This package is tailored by your therapist to suit your needs. Feel totally rejuvenated after using a combination of the Steam Room, Sauna and Spa Jet. Your skin will be treated to a mini facial while a mask is applied to your hair. Your journey is completed with a Blowdry and light make up leaving you feeling amazing from head to toe.

SIDE BY SIDE COUPLES PACKAGE 3HRS

Escape reality with someone special. Choose between the Sauna or Steam Room then enjoy a Full Body Massage, Revitalising Facial and a Pedicure.

MENS EXECUTIVE BLACK PACKAGE 2HRS

Undercover men's pamper package including, Steam Room or Sauna, Sodashi Green Tea Salt Body Exfoliation, Back Massage, Mini Facial and Men's Manicure.

SODASHI JET LAG RECOVERY 60MINS

This Sodashi balancing treatment for the face and body boots and re-energise the body's systems after travel. Beginning with a relaxing back massage followed by a full body Himalayan salt exfoliation and warm aromatic compress. The treatment finishes with a refreshing facial and application of Sodashi's signature Jet Lag Tonics.

HANDS&FEET

Manicure/with Shellac 30MINS/45MINS

Pedicure/with Shellac 45MINS/60MINS

Gelish/Shellac Removal 15MINS

PAYOT Hands or Feet treatments 45MINS OR 60MINS

Other beauty services available

WAXING

EYELASH EXTENSIONS

LASH & BROW TINTING

MAKE UP

TANNING

BONZA BRONZ 20MINS

Using the purest botanical extracts and highest quality DHA, experience the perfect UV free tan by Bonza Bronz without having to spend any time in the sun.

WOMENSHAIR

STYLING

Shampoo & Blowdry (short/medium/long)

Extra Irons or Tongs

Shampoo, Precision Cut & Blowdry

Upstyle

Teen Girls Cut or Girls Cut (under 12)

STRAIGHTENING

Keratin Straightening

Permanent Chemical Straightening

HAIR COLOURING

Tinting (Ammonia Free available)

Semi Permanent

Highlights

Balayage/Ombre

Colour Correction

HAIR EXTENSIONS

Instantly change your look with Great Lengths Hair Extensions, applied by a highly trained technician.

MENSHAIR

STYLING

Shampoo & Style

Extra Irons or Tongs

Shampoo, Style Cut & Style

Teen Boys Cut or Boys Cut (Under 12)

BEARD CARE

Beard Shave, Shaping or Trim

STRAIGHTENING

Keratin Straightening

Permanent Chemical Straightening

HAIR COLOURING

Tinting

INOA (Ammonia Free)

Semi Permanent

HOMME (Camouflage Greys)

Highlights